

# Martial Arts

**Below is information regarding our karate classes here at Discovery Programs. All classes age 4 and older are drop off classes.**

Welcome to Martial Arts at Discovery Programs! This is the 16<sup>th</sup> year of our Little Samurai program. Kyoshi Karin Ferber Hillman, a 5<sup>th</sup> degree Black belt champion and an engaging instructor, provides the right atmosphere for children to learn focus, respect, self-discipline and strong self-esteem. We teach the students to strive to do the best they can, not only during karate class, but in all aspects of their lives. For more information regarding the Seido Karate philosophy please see the Seido organization website, <http://www.seido.com/about/philosophy>.

## **Attire**

If you have a gi from a previous semester, please wear it to your first martial arts class. If you do not, arrive in comfortable clothing that is easy to move around in. Classes are shoe and sock free. On the first day of class, Karin will take your child's measurements and order a gi for the next class. The price of a gi is \$50, and the price of Seido patches is \$35\*. Karin will show the parents how to sew the patches onto their gis. The total of \$85 can be paid by either cash or check to Karin Hillman.

*\*The students in the Wednesday 2:45 white belt class (age 4) are not required to pay for patches until they promote to orange belt. Payment is then required in order to promote. You will receive advanced notice once your child is ready to promote.*

## **What to Bring**

Water bottle labeled with your child's name

## **Promotions**

At the end of the semester or school year, students may be promoted to the next belt level. These promotions will take place either during class or on another day. In order for a student to be promoted, the family must fill out mandatory forms and pay *additional fees*. Fees vary by belt color.

## **Tournaments**

The Seido organization occasionally holds children's tournaments and Kyoshi Karin will invite students to participate. There are additional fees for the tournament.

To discuss any problems or concerns you may email us at [info@discoveryprograms.com](mailto:info@discoveryprograms.com) or call us at regular business hours at 212.749.8717.