



Welcome to the Discovery Parkour Program!

Please refer to the separate Covid Protocols.

*****Please pack a full water bottle as the water fountain will not be used.**

What to Wear

- All Parkour classes will be shoe and sock free unless your child brings another pair of "indoor shoes only." Indoor shoes must be shoes never worn outside.
- Please wear loose fitting and comfortable clothing.
- No jewelry.
- Long hair must be pulled back in a ponytail or bun.

Program Rules

- Do not try a skill without the teacher's instruction or supervision. No one is permitted to use the equipment without a teacher's direct supervision.
- Do not try skills outside of class without teacher supervision (i.e. in the front lobby, at home, or on the street).
- No cell phones or food of any kind are permitted in the gymnasium or auditorium (except water bottles).

To discuss any problems or concerns you may email us at info@discoveryprograms.com or call us at regular business hours at 212.749.8717.