



## Welcome to the Discovery Parkour Program!

### What to Wear

- Please wear loose fitting and comfortable clothing.
- No jewelry.
- Comfortable sneakers if in Auditorium.
- No shoes or socks if in Gym.
- Long hair must be pulled back in a ponytail or bun.

### Program Rules

- Try your best to be on time
- Do not try a skill without the teacher's instruction or supervision. No one is permitted to use the equipment without a teacher's direct supervision.
- Do not try skills outside of class without teacher supervision (i.e. in the front lobby, at home, or on the street).
- Parents are allowed to view class on the second class and on any scheduled Parent Viewing Day
- No cell phones or food of any kind are permitted in the gymnasium or auditorium (except water bottles).

WELCOME TO DISCOVERY!

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