



Welcome to the Discovery Gymnastics Program!

What to Wear

- Please do not wear oversized sweatshirts or baggy t-shirts
- Baggy clothing interferes with the spotting by the instructor and is dangerous

Girls

- A leotard must be worn
- Hair, if at all long, should be pulled back in a ponytail or bun
- No jewelry of any kind will be permitted (except small stud earrings) as they can be dangerous if caught on the equipment.

Boys

- T-shirt and shorts
- Hair, if at all long, should be pulled back in a ponytail or bun
- No jewelry of any kind will be permitted (except small stud earrings) as they can be dangerous if caught on the equipment.

Program Rules

1. No one is permitted to use the gym equipment without a teacher's direct supervision. Children who use the equipment without permission will be suspended.
2. Parents are allowed to view class on the second and last class day.
3. No shoes, socks, cell phones, or food of any kind are permitted in the gymnasium.
4. Please do not enter the gym before checking in with the Front Desk.

WELCOME TO DISCOVERY!

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